

Travel Health Questionnaire



Before you head off on your exciting adventure please complete this travel health questionnaire and return it to the medical centre. Then we can book your travel health appointment. Complete all sections so that we can ensure we are able to provide you with the best medical advice for your trip.

ABOUT YOU

Name		Family Name	
DOB	Gender	Age	
Nationality/Ethnicity	Country of Birth	Occupation	
Address		Mobile	

ABOUT YOUR HEALTH:

How would you describe your fitness for your age? (Tick one)	Below average	
	Average	
	Above average	

DO YOU SUFFER FROM / HAVE YOU SUFFERED FROM ANY OF THE FOLLOWING? (Tick applicable)

	Yes	No
Abnormal blood clotting/bleeding		
Heart Disease		
Asthma		
Diabetes		
Epilepsy/Seizures		
Hepatitis		
Depression/severe anxiety		
Cancer		
Recent surgery (within past 3 months)		
Any other serious medical conditions (Please detail below)		
Details:		

Females only:

Are you pregnant or breast-feeding? (Please detail below)		
Are you taking the Oral Contraceptive Pill?		
Details:		

Current medications	
Allergies	

PREVIOUS IMMUNISATIONS:

	Y/N	Approx Date		Y/N	Approx Date
Routine childhood imms			Cholera		
Tetanus			Yellow Fever		
Polio			Meningitis		
Hepatitis A			Japanese Encephalitis		
Hepatitis B			Rabies		
Typhoid					

Any Previous reactions to immunisations?	Yes	No
Egg allergy?	Yes	No

ABOUT YOUR TRAVEL

PURPOSE (tick as many as applicable):

Vacation		Visiting relatives	
Business		Other (explain below)	
Details:			

DESTINATIONS / ITERNARY (Please complete below, or attach copy of itinerary):

Country	Cities/Regions	Date arrive	Date Depart

STAYING AT (tick applicable):

Resorts / 4-5 star hotels		Private homes	
2-3 star hotels		Camping	
Backpackers		Airbnb	

WILL YOUR TRIP INVOLVE ANY OF THE FOLLOWING (tick applicable):

Staying at high altitude (>2500m)		Scuba diving	
Staying in remote/rural areas		Jungle exposure	
Day trips to remote/rural areas		Contact with animals	
Trekking		Caving	

TRAVELLING WITH:

Partner		Sports team	
Family		Organised group tour	
Friends		Self/solo trip	
Other			

MODES OF TRANSPORT (tick applicable):

Flying		Cycling	
Train		Motorcycle	
Bus		Small boat	
Private car		Cruise	

Have you arranged Travel Insurance – extent of cover?

Cambridge Medical Centre
48 Alpha Street, Cambridge

e-mail : info@cambmedcentre.co.nz